

Football Mercy Rule

The Head Coach of a team trailing by 30 points or more may request a running clock at the beginning of the 3rd or 4th quarters.

If a team is trailing by 40 points or more, a running clock shall be used at the start of the 3rd and/or 4th Quarter (mandatory).

The clock shall run except during time-outs, following scores, injuries, and change of possession.

The clock will continue to run regardless of the score differential.