

THE SCISA WELLNESS WORKSHOP

A workshop in conjunction with the SCISA Wellness Initiative

Wednesday, September 1, 2010

This is your chance to join the SCISA Schools already participating in the Wellness Initiative.

Health, fitness, nutrition, weight loss, relaxation, all current "buzz words" .

What do they mean and how do they impact your school?

If your school family desires to learn about and implement a wellness program, this workshop is for you.

Think you don't have the time or money?

Send us an enthusiastic, energetic person and we'll send him/her back with the knowledge and resources to begin reaping the immediate and lifelong benefits of becoming a health promoting school.

WELLNESS WORKSHOP

At the SCISA State Headquarters & Conference Center
Orangeburg, SC

WEDNESDAY, SEPTEMBER 1, 2010

10:00 - 2:00

WELLNESS WORKSHOP

Doors open and registration begins at 9:45.

Registration fee: \$50.00 per person

*Fee includes lunch and participation fee
for WELLNESS CHAMPIONSHIPS*

School Name: _____ Phone #: _____

Name, Position & Email of Each Attendee

Please detach and mail with registration fee(s) to:
SCISA, P. O. Drawer 690
Orangeburg, SC 29116